

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
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**Alle Finale se uitslae**

Gerankskik volgens Program Volgorde

Basis vir Prestasie-punt aanpassings: Handtyd, Hoogte bo seevlak=700

Item 1	08:00 Finaal Dogters 19 Spiesgooi		600g				
1	BARNARD, ANZELE	NHS	31.56	8	667	G	
2	DE VILLIERS, ANNIE	NHS	30.65	7	656	S	
3	POTGIETER, ARINA	LYD	26.46	6	607	B	
4	MUNDELL, MARGIE	ROB	24.30	5	564		
5	V BILJON, MARUCHE	ROB	24.10	4	559		
6	NEL, LARA	BV	22.03	3	510		
7	KHOZA, NOMZAMO	PEN	21.89	2	506		
8	LABUSCHAGNE, ALIDA	LYD	21.62	1	500		
9	MASHEGO, CLAUDIA	BV	21.30	0	492		
10	SANDERSON, PRENITA	BAR	20.67	0	477		
11	MOOSA, LARISSA	BAR	20.25	0	467		
12	MABILISA, JOY	KOM	17.78	0	371		

Item 2	08:00 Finaal Dogters 16 Gewigstoot		3kg				
1	SIGUDLA, MANDISA	LHS	10.77	8	770	G	
2	SMALLBERGER, ANDRI	NHS	10.45	7	756	S	
3	DE KLERK, CHERISE	LYD	10.31	6	750	B	
4	VAN LOO, CORIJANA	NHS	09.72	5	723		
5	MOTHA, NOKWANDA	LHS	09.68	4	721		
6	MNISI, LINDIWE	LYD	09.60	3	718		
7	MTHETHWA, AYANDA	PEN	09.16	2	698		
8	HLATSWYO, KGOMOTSO	BAR	08.69	1	676		
9	NKUNDLANE, TANDEKA	BV	08.52	0	669		
10	VINCENT, SAVANNAH	PEN	08.14	0	651		
11	KGATLA, MOKGETWA	ROB	08.10	0	650		
12	MARAIS, NICOLE	ROB	07.86	0	639		
13	RITSON, KARA	BV	07.74	0	633		
14	MASHABANE, NOMZAMO	BAR	07.03	0	586		
15	STANDER, DANIELE	KOM	06.55	0	490		

Item 3	08:00 Finaal Dogters 14 Diskusgooi		1kg				
1	VAN AARDE, MARNE	NHS	24.91	8	778	G	
2	MILLAR, JOSIE	NHS	20.92	7	683	S	
3	VAN DYK, ANDRINETTE	LYD	20.58	6	675	B	
4	NEETHLING, AIMEE	LYD	19.79	5	649		
5	VAN DER WESTHUIZEN, DOMINIQUE	KOM	18.92	4	606		
6	SHONGWE, VELISIWE	PEN	17.01	3	461		
7	MUPAZVIRIWO, TINO	PEN	15.77	2	214		
8	VAN DER MERWE, CHERIZE	BV	14.49	1	0		
9	STEYN, LENADRI	BV	14.10	0	0		
10	SIHLANGU, FAITH	ROB	13.72	0	0		
11	NDLOVU, BONGIWE	LHS	13.30	0	0		
12	ZULU, SIYABONGA	LHS	12.92	0	0		
13	VORSTER, CINDI	BAR	12.36	0	0		
14	MOELE, KUTLOANE	ROB	12.17	0	0		

Item 4	08:00 Finaal Seuns 16 400m						
1	PIENAAR, LEON	NHS	0:53.13	8	670	G	
2	OBERFHOLZER, MATHEUS	BAR	0:53.15	7	669	S	
3	NHLABATHI, KWANDU	ROB	0:54.06	6	608	B	
4	VOS, WILLIE	NHS	0:55.60	5	454		
5	PHAKATHI, MTHOBISI K	ROB	0:56.57	4	357		
6	ROBINSON, TABANG	LYD	0:56.70	3	344		
7	NDLOVU, SIYABONGA	BAR	0:57.41	2	273		
8	MUFAMADI, THIKO	BV	1:00.55	1	0		
9	MASILELA, NDUMISO	BV		0	0		
10	MAJOLA, MNQOBI	PEN		0	0		
11	LIGUNYA, BAMBANANI	LHS		0	0		
12	MORWE, SHEDWICK	KOM		0	0		
13	GININDA, XOLANI	LHS		0	0		

Item 5	08:00 Finaal Seuns 15 200m						
1	BASSON, DE VILLIERS	NHS	23.95	8	713	G	
2	MATEBULA, TIYANI	PEN	24.20	7	688	S	
3	LESLIE, ADAM	PEN	25.27	6	581	B	
4	THOMPSON, CHRISTEPHER	ROB	25.40	5	562		
5	MASEKO, SAKHILE	ROB	25.46	4	554		
6	DE VILLIERS, ETIENNE	NHS	25.48	3	551		
7	BADENHORST, TRISTAN	LYD	26.27	2	428		
8	NGWENYA, NGCEDO	LHS	26.66	1	350		
9	SILUBANE, SICELISO	LHS	27.05	0	272		
10	NTOMBELA, SIBUSISO	BV	27.38	0	206		
11	AFONSO, JASON	BAR	28.04	0	74		

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
12	NCANANA,SANDISO	BAR	28.12	0	58		
13	PRETORIUS,ESTIAAN	KOM	28.90	0	0		
14	VARDA,CALEB	BV	31.80	0	0		
0	GROBLER,AIDEN	LYD	DNR	0	0		

**Item 6 08:00 Finaal Dogters 19 3000m**

1	WIID,MADRI	NHS	10:38.05	8	798	G	
2	SMIT,ALICIA	BV	10:55.40	7	755	S	
3	MNISI,KAMO	LYD	11:29.95	6	668	B	
4	ATTWOOD,MARU	PEN	11:55.37	5	605		
5	LEWIS,MONIQUE	BV	11:55.43	4	605		
6	JANSE VAN RENSBURG,CORNELIA	NHS	12:02.50	3	587		
7	SCHOLE,SABINE	PEN	12:49.20	2	470		
8	MADUMA,KAMOGILO	LYD	12:57.60	1	449		

**Item 7 08:00 Finaal Seuns 17 3000m**

1	NKOSI,BONGANI	BAR	09:19.38	8	736	G	
2	GROENEWALD,L	NHS	09:26.10	7	702	S	
3	NAWA,KATLEGO	LYD	09:33.82	6	663	B	
4	KIEVIET,MEIRING	NHS	09:54.32	5	561		
5	SHIBA,TERRENCE	BAR	09:54.47	4	560		
6	DE BRUIN,TIAN	BV	10:02.40	3	492		
7	KGANKGA,MAATHARE	LHS	10:04.30	2	477		
8	ATTWOOD,SIMON	PEN	10:07.80	1	442		

**Item 8 08:00 Finaal Seuns 19 3000m**

1	VAN HEERDEN,ARLO	NHS	09:19.83	8	653	G	
2	MSIBI,SIPHESIHLE	BAR	09:24.10	7	632	S	
3	MASILELA,ADVICE	LYD	09:30.79	6	599	B	
4	BOTHA,WILLEM	BV	09:47.21	5	516		
5	VAN ASWEGEN,HENNING	BV	09:51.47	4	493		
6	MOKWENA,FREDDY	LYD	10:07.30	3	367		
7	BOLT,LLEROY	NHS	10:13.10	2	309		
8	KOTZE,NIC	PEN	10:37.10	1	69		

**Item 9 08:40 Finaal Seuns 14 Hoogspring**

1	TSHABALALA,NHLANHLA	LHS	1.55	8	740	G	
2	KRUGER,CHRISTIAAN	LYD	1.50	7	690	S	
3	SWANEPOEL,ISAK	NHS	1.50	6	690	B	
4	BROWN,ROWAN	BV	1.50	5	690		
4	HENNING,ROHAN	NHS	1.50	5	690		
4	HLONGWERE,SIBUSISO	ROB	1.50	5	690		
7	MASANGO,VUYANI	BAR	1.50	2	690		
8	STANDER,FRANCO	KOM	1.45	1	590		

**Item 10 08:40 Finaal Dogters 15 Diskusgooi**

						1kg	
1	DU TOIT,ANNERIE	LYD	34.88	8	882	G	
2	HLABANE,TANIA	NHS	24.96	7	699	S	
3	LABUSCHAGNE,SONAY	LYD	24.63	6	691	B	
4	NIEUWOUDT,MARIKA	NHS	21.82	5	625		
5	NYAMBI,FAITH	ROB	20.48	4	593		
6	NKOSI,JEANTH	LHS	19.12	3	536		
7	SINGWANE,JESSICA	PEN	17.55	2	435		
8	GREYLING,CHARLIZE	BV	16.61	1	302		
9	MDLULI,ZINHLE	ROB	16.28	0	236		
10	MABUZA,NONI	BV	15.67	0	114		
11	NKAMBULE,BUHLE	BAR	14.53	0	0		
12	ROOS,AMY	BAR	14.37	0	0		
13	HLOPHE,NONTOBEKO	LHS	14.17	0	0		
14	CSAPLAR,TIFFANY	PEN	13.90	0	0		
15	PILUSA,CYNTHIA	KOM	12.88	0	0		

**Item 11 08:40 Finaal Seuns 19 Spiesgooi**

						800g	
1	GILDENHUYIS,PETER	NHS	52.52	8	725	G	
2	BEVERLY,KENNY	BAR	50.67	7	706	S	
3	VAN DER LINDE,GERHARD	NHS	49.11	6	691	B	
4	DU PLESSIS,MAURITZ	ROB	46.98	5	669		
5	VAN DER WALT,CJ	BAR	38.62	4	572		
6	PRETORIUS,KOBUS	LYD	37.76	3	555		
7	BEKKER,PJ	ROB	37.15	2	543		
8	PENTZ,DANDRE	BV	35.99	1	519		
9	KHOZA,MALIBONGWE	LHS	33.65	0	473		
10	VELDSMAN,JACQUES	LYD	33.60	0	472		
11	MARAIS,JP	KOM	32.36	0	462		
12	GEORGE,TYRON-LEE	BV	29.92	0	416		
13	NDLALA,LUNGA	LHS	20.73	0	0		

**Item 12 08:40 Finaal Seuns 19 400m Hekkie**

						91.4cm	
1	MAPHANGA,THABISO	LYD	0:58.78	8	492	G	
2	DE KOCK,LUCAS	NHS	0:58.80	7	491	S	

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
3	VORSTER,ADRIAN	LYD	0:59.77	6	445	B	
4	JONES,NATHAN A	ROB	1:00.18	5	418		
5	MAZIBUKO,GLEN	ROB	1:01.42	4	335		
6	VAN ROOYEN,NICO	NHS	1:01.76	3	309		
7	THABETHE,THABISO	LHS	1:03.20	2	165		
8	MANYISA,ONA	LHS	1:04.85	1	0		
9	NDLOVU,NATHI	BAR	1:07.57	0	0		
10	VAN DER MERWE,NATHAN	BV	1:08.20	0	0		

Item 13 08:40 Finaal Seuns 17 400m Hek kies							84cm
1	MAPHOPHE,MUZI	LHS	0:56.66	8	676	G	INTERH
2	VAN VEYEREN,NEIL	NHS	0:58.04	7	612	S	
3	VAN DUYSKER,JUANDRE	NHS	0:59.40	6	550	B	
4	POTGIETER,NAUDE	LYD	1:00.50	5	476		
5	QWABE,SIBUSISO	LYD	1:01.62	4	402		
6	SHABANGU,EDWARD	ROB	1:01.65	3	400		
7	OLANIYI,PELUMI	ROB	1:03.49	2	216		
8	DU PREEZ,BRAAM	BV	1:03.71	1	194		
9	MNISI,WANDILE	BAR	1:07.50	0	0		
10	SMITH,LEWAAN	BAR	1:16.80	0	0		
11	KASA,GUYLA	BV	1:16.91	0	0		

Item 14 08:40 Finaal Seuns 16 400m Hek kies							84cm
1	PONISAMMY,NORBET	NHS	0:58.18	8	643	G	
2	BEYTELL,ISAK	LYD	0:59.60	7	570	S	
3	KRUGER,MARNUS	NHS	1:02.66	6	339	B	
4	OBERFHOLZER,MATHEUS	BAR	1:03.71	5	234		
5	NEL,GREGORY	ROB	1:06.35	4	0		
6	GININDA,XOLANI	LHS	1:10.37	3	0		
7	COETZEE,GJ	BV	1:26.01	2	0		
0	VAN DER BERG,ALEXANDER	LYD	Disq	0	0		

Item 15 08:40 Finaal Dogters 19 400m Hek kies							76.2cm
1	STEYN,LISA-MARI	LYD	1:09.54	8	668	G	
2	VAN VUUREN,SIMONÉ	NHS	1:14.70	7	565	S	
3	VERMEULEN,YOLANDI	LYD	1:14.84	6	562	B	
4	CLAASENS,CHANTE	ROB	1:17.16	5	519		
5	STRONKHORST,ISHMONET	NHS	1:25.35	4	423		
6	PAYNE,TIFFANY	BV	1:30.35	3	368		
7	KLOPPER,JENE	ROB	1:31.66	2	354		
8	HLATSWAYO,PRECIOUS	BAR	1:43.36	1	204		
9	NKOSI,SIPHESIHLE	BAR	2:01.92	0	0		
0	GOUSSARD,ODETTE	BV	Disq	0	0		

Item 16 08:40 Finaal Dogters 17 400m Hek kies							76.2cm
1	BLACK,MIGNON	LYD	1:08.63	8	766	G	
2	KRUGER,CHRISTI	NHS	1:12.10	7	697	S	
3	NGOMANE,NJABULISO	BV	1:28.33	6	466	B	
4	MADONSELA,ZAMENENE	LHS	1:34.87	5	388		
0	BEKKER,MARYNA	ROB	Disq	0	0		

Item 17 08:40 Finaal Dogters 16 400m Hek kies							76.2cm
1	CRONJE,CARMEN	NHS	1:09.69	8	825	G	
2	VAN DER MERWE,ANRIE	BAR	1:12.30	7	773	S	
3	PRETORIUS,LEZY	NHS	1:16.13	6	697	B	
4	HAMMAN,LEANDI	LYD	1:17.76	5	669		
5	WESTENBURG,ABIGAIL	BV	1:23.50	4	600		
6	HLEBEYA,SAKHILE	BV	1:24.70	3	587		
7	BROODRYK,CARIKE	ROB	1:25.09	2	583		
8	KOEKEMOER,ZAAN-MARI	LYD	1:25.30	1	580		
9	MAISELA,NONDUMISO	BAR	1:34.66	0	479		
10	BEKKER,MARYNA	ROB	1:41.12	0	396		

Item 18 08:40 Finaal Dogters 15 300m Hek kies							76.2cm
1	VISSER,NERINA	NHS	48.13	8	689	G	
2	STEENEKAMP,EUNICE	LYD	48.55	7	668	S	
3	VAN DER WESTHUIZEN,ROCHELLE	LYD	52.11	6	490	B	
4	NYUNDU,MBALI	ROB	52.24	5	483		
5	MBAZIMA,ERICA	ROB	53.50	4	420		
6	BROWN,NATASHA	LHS	53.63	3	414		
7	ZULU,KARLOTTA	BAR	55.61	2	315		
8	HLATSWAYO,LANDIWE	BV	58.82	1	154		
0	DE KOCK,DEIDRE	NHS	Disq	0	0		

Item 19 08:40 Finaal Dogters 14 300m Hek kies							76.2cm
1	MBATSANE,LUSANDA	ROB	49.88	8	681	G	
2	NEL,CHANTÉ	NHS	51.60	7	595	S	
3	GROBLER,NICOLE	LYD	54.38	6	456	B	
4	SHIBA,NOTHEMBA	BAR	56.12	5	369		
5	MHLANGU,VALENTINE	LHS	56.32	4	359		

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
6	NZIMA,SHARON	BV	57.80	3	285		
<b>Item 20 08:40 Finaal Seuns 15 300m Hekkie</b>					84cm		
1	MASEKO,SAKHILE	ROB	42.83	8	622	G	
2	VAN DUYSKER,DUVAN	NHS	43.46	7	580	S	
3	GROENEWALD,RUAN	NHS	44.00	6	544	B	
4	TROSKIE,REINIER	LYD	45.21	5	463		
5	PIETERSE,JADRICK	ROB	45.70	4	430		
6	NDLOVU,ATTAIN	LHS	46.87	3	364		
7	NYATHIKAZI,VUYO	LHS	47.26	2	345		
8	NCANANA,SANDISO	BAR	47.59	1	328		
9	GROBLER,AIDEN	LYD	47.66	0	325		
10	MHLONGO,HAMILTON	BV	48.05	0	305		
11	NGOBENI,LEN	BV	51.60	0	104		
0	AFONSO,JASON	BAR	Disq	0	0		
<b>Item 21 08:40 Finaal Seuns 14 300m Hekkie</b>					76.2cm		
1	KRUGER,CHRISTIAAN	LYD	43.60	8	650	G	INTERH
2	THELEDI,KABELO	BV	44.30	7	604	S	INTERH
3	SPRUYT,RAINER	NHS	44.54	6	588	B	INTERH
4	SWANEPOEL,ISAK	NHS	46.20	5	477		INTERH
5	MAMBANE,NIYKO	ROB	48.13	4	361		INTERH
6	NKOSI,VUYO	ROB	48.84	3	326		INTERH
7	CORDIER,DANDRE	LYD	49.21	2	307		INTERH
8	MKHATSHWA,DANILSON	BV	49.44	1	296		INTERH
9	JOSEPHS,DARREN	BAR	52.16	0	146		INTERH
10	MVULA,JUSTIN	BAR	53.07	0	86		INTERH
11	SINKILA,QHAMA	LHS	53.40	0	64		INTERH
<b>Item 22 09:30 Finaal Seuns 19 Gewigstoot</b>					6kg		
1	HERHOLDT,BENRÉ	NHS	13.76	8	697	G	
2	NEETHLING,WERNER	ROB	13.73	7	695	S	
3	BODENSTEIN,MICHAEL	NHS	13.30	6	671	B	
4	MARAIS,JP	KOM	12.36	5	617		
5	VELDSMAN,DYLAN	KOM	12.22	4	608		
6	NDZUKULU,ROMEO	PEN	11.47	3	565		
7	SITHOLE,NHLALALA	ROB	11.06	2	541		
8	SHONGWE,BHEKI	BAR	10.98	1	537		
9	DE JAGER,COBUS	BV	10.58	0	514		
10	DU TOIT,KAREL	LYD	10.52	0	510		
11	MOHR,ULRICH	LYD	10.46	0	507		
12	PENTZ,DANDRE	BV	09.96	0	478		
13	KOTZE,NIC	PEN	09.52	0	452		
14	MATSABE,NKOSANA	LHS	08.88	0	416		
15	BYLEVELD,DYLAN	BAR	07.21	0	122		
<b>Item 23 09:30 Finaal Dogters 16 Diskusgooi</b>					1kg		
1	SMALLBERGER,ANDRI	NHS	29.08	8	748	G	
2	STEYN,ANEL	NHS	27.17	7	712	S	
3	MNISI,LINDIWE	LYD	24.78	6	655	B	
4	NKUNDLANE,TANDEKA	BV	22.09	5	591		
5	DE KLERK,CHERISE	LYD	21.98	4	588		
6	VILJOEN,JANICA	BV	21.12	3	568		
7	SMIT,SHARON	BAR	20.71	2	558		
8	MOTHA,NOKWANDA	LHS	20.18	1	545		
9	SIGUDLA,MANDISA	LHS	18.56	0	468		
10	KOEN,KAYLA	ROB	18.28	0	454		
11	SHIRINDZA,VUTHLARI	PEN	16.57	0	254		
12	ZUNGUZE,WENDY	BAR	15.99	0	138		
13	MTHETWA,AYANDA	PEN	15.11	0	0		
14	BAARTMAN,IMICKA	KOM	14.63	0	0		
15	VAN DER WALT,MARISKA	ROB	14.23	0	0		
<b>Item 24 09:30 Finaal Seuns 16 Verspring</b>							
1	BANDA,MAUDAS	BV	6.97	8	875	G	INTERH
2	PONISAMMY,NORBET	NHS	6.50	7	808	S	
3	RIX,DARREN	NHS	5.72	6	693	B	
4	BEYTELL,ISAK	LYD	5.65	5	681		
5	MIDDLETON,DYLAN A	ROB	5.48	4	650		
6	MADONSELA,ZETHEMBILE	PEN	5.34	3	615		
7	VAN DER HOVEN,GIBRAN	BAR	5.27	2	597		
8	DEMAs,DILLION	LHS	5.22	1	585		
9	ODENDAAL,ADRIAAN	ROB	5.08	0	550		
10	SWANEPOEL,STEFAN	BAR	4.86	0	495		
11	MASILELA,NDUMISO	BV	4.73	0	462		
<b>Item 25 09:30 Finaal Seuns 15 800m</b>							
1	NKOSI,MLUDUZI	NHS	1:58.80	8	962	G	INTERH
2	MKHABELA,LEONARD	LYD	2:11.60	7	686	S	
3	LE HANIE,WIEHAN	NHS	2:13.57	6	607	B	

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
4	CONRAY,THOMAS	ROB	2:18.24	5	430		
5	HAY,KYLE	PEN	2:18.55	4	418		
6	TWALA,NDUMISO	BV	2:20.50	3	340		
7	VAN STADEN,CHARLIE	ROB	2:21.54	2	298		
8	PRUIS,DIVAN	LYD	2:22.20	1	272		

**Item 26 09:30 Finaal Dogters 15 800m**

1	ERASMUS,MIA	NHS	2:23.23	8	886	G	
2	TSHELA,DINEO	LYD	2:25.40	7	850	S	
3	CARSTENS,JENE	PEN	2:26.18	6	837	B	
4	VAN STADEN,DESIRE	NHS	2:29.59	5	779		
5	BIELDT,SUMARI	ROB	2:42.20	4	618		
6	MCKENZIE,JEMMA	PEN	2:44.54	3	594		
7	MBUNGELE,SAMANTHA	LHS	2:52.60	2	514		
8	KECK,JACQUELINE	BV	5:36.87	1	0		
0	FERREIRA,ANGIE	BV	Disq	0	0		

**Item 27 09:30 Finaal Dogters 16 800m**

1	VAN COLLER,ELMARIE	NHS	2:32.89	8	685	G	
2	MKHONTO,AMANDA	LYD	2:34.30	7	661	S	
3	MCQUEEN,SARAH	PEN	2:38.98	6	610	B	
4	MULLER,JANNEKE	NHS	2:44.10	5	559		
5	VAN DER MERWE,ETLI	LYD	2:45.98	4	540		
6	KNIBBS VAN DAM,KATHLEEN	PEN	2:50.53	3	494		
7	KHOMBISA,LYUNDA	ROB	2:50.80	2	492		
8	DE BRUIN,PAULINE	KOM	2:52.00	1	480		

**Item 28 09:30 Finaal Dogters 19 800m**

1	BOTHA,LISKA	NHS	2:22.79	8	773	G	
2	NGWENYA,THEMBEKA	LHS	2:27.50	7	695	S	
3	STEENKAMP,CHANTE	NHS	2:32.20	6	616	B	
4	WHITTAL,SHANNON	PEN	2:39.35	5	526		
5	NEL,MONIQUE	LYD	2:50.70	4	413		
6	VAN ZYL,LEANE	PEN	2:58.30	3	353		
0	MADUMA,LERATO	LYD	Disq	0	0		

**Item 29 09:30 Finaal Seuns 16 800m**

1	NKOSI,WANDLA	NHS	1:57.89	8	863	G	
2	NKOSI,BONGANI	BAR	2:05.40	7	710	S	
3	SIHLANGU,TEMBA	ROB	2:08.40	6	652	B	
4	PIENAAR,LEON	NHS	2:10.48	5	610		
5	OBERHOLZER,MATHEUS	BAR	2:14.16	4	463		
6	BURGER,DIARCO	BV	2:14.20	3	462		
7	NEL,ANDRE	BV	2:15.10	2	436		
8	LIGUNYA,BAMBANANI	LHS	2:19.19	1	272		

**Item 30 09:30 Finaal Seuns 17 800m**

1	GROBLER,GRONIGHAN	NHS	1:56.67	8	854	G	
2	BOTHMA,DEWALD	NHS	1:58.70	7	804	S	
3	LABUSCHAGNE,MORNE	BV	2:04.41	6	690	B	
4	NGELE,BENNY	LYD	2:08.07	5	618		
5	BIJZET,HANNO	BV	2:11.12	4	545		
6	VISSER,DEON	ROB	2:13.17	3	463		
7	VOS,MAX	PEN	2:15.10	2	396		
8	SIBANDA,BUTHO	LHS	2:16.50	1	340		

**Item 31 10:05 Finaal Seuns 17 Spiesgooi**

						700g	
1	VISSER,ANDRE	BAR	53.85	8	778	G	
2	BEZUIDENHOUT,CHRISTIAAN	NHS	48.96	7	729	S	
3	PIENAAR,PIET	ROB	45.63	6	696	B	
4	VOLSCHENK,ZANDRE	LYD	45.61	5	696		
5	JOUBERT,DAVID	NHS	44.69	4	686		
6	NOLTE,ELMAR	BAR	42.63	3	666		

**Item 32 10:05 Finaal Dogters 19 Verspring**

1	NDLOVU,JOY	LHS	5.14	8	740	G	
2	DE JAGER,CHRISTELLE	NHS	4.80	7	650	S	
3	VAN VUUREN,SIMONÉ	NHS	4.70	6	625	B	
4	STEYN,LISA-MARI	LYD	4.48	5	570		
5	CLAASSENS,CHANTE	ROB	4.41	4	552		
6	PAHWARANGIRA,TAFADZWA	BAR	4.30	3	525		
7	MOKOENA,KARABO	ROB	3.97	2	425		
8	WESSELS,NATALIE	BV	3.93	1	405		
9	GILLESPIE,KIRSTEN	PEN	3.75	0	290		
10	MKHWANAZI,LINDO	BV	3.59	0	70		
11	BANDA,AYANDA	BAR	3.58	0	50		
12	MAKOENA,LEBO	PEN	3.44	0	0		

**Item 33 10:05 Finaal Seuns 16 Gewigstoot**

						5kg	
1	ESSELEN,FRANCOIS	NHS	14.73	8	844	G	

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
2	DE JAGER,KAREL-PIETER	NHS	13.01	7	758	S	
3	VISAGIE,MIAS	BAR	12.22	6	718	B	
4	THERON,BRADY	LYD	11.87	5	701		
5	VENTER,LOHAN	ROB	11.71	4	693		
6	BROODRYK,PIETER JOHAN	ROB	11.41	3	678		
7	AFONSO,JOHNATHAN	BAR	10.88	2	651		
8	MADONSELA,ZETHEMBE	PEN	10.43	1	629		
9	TSELANE,LETSO	LHS	10.33	0	624		
10	JARDIM,PERTRESCU	PEN	10.30	0	622		
11	FERREIRA,JUSTIN	BV	10.17	0	616		
12	VAN VUUREN,DUNCAN	LYD	10.12	0	613		
13	MATUKANE,DYLAN	LHS	09.84	0	599		
14	VERMAAS,NEIL	BV	09.08	0	549		

## Item 34 10:05 Finaal Seuns 15 Diskusgooi

1kg

1	STEYN,HEIN	LYD	47.78	8	867	G	
2	PIETERS,HENCO	NHS	47.56	7	865	S	
3	MARAIS,NAAS	NHS	44.35	6	833	B	
4	KRIEG,STEFAN	ROB	42.17	5	811		
5	KASSELMAN,ADRIAAN	BV	39.98	4	789		
6	BOTHA,BOETA	ROB	35.11	3	741		
7	VAN DER WESTHUIZEN,TERSIUS	BV	30.02	2	640		
8	HARRIS,LUKE	PEN	26.67	1	573		
9	KOEKEMOER,DIRK	KOM	25.98	0	559		
10	CHAMBERS,VINCENT	BAR	23.89	0	505		
11	FERREIRA,DINARTE	PEN	22.71	0	458		
12	MAZIBENI,SABELO	LHS	21.03	0	333		

## Item 35 10:05 Finaal Dogters 17 Hoogspring

1	NGOMANE,NJABULISO	BV	1.45	8	740	G	
2	DE JAGER,LIEZL	NHS	1.40	7	690	S	
2	NDASHE,LERATO	ROB	1.40	7	690	S	
4	SNYMAN,NICOLE	KOM	1.35	5	640		
5	NKOSI,ZANELE	LHS	1.30	4	590		
6	DE BEER,MENANTO	NHS	1.30	3	590		

## Item 36 10:05 Finaal Dogters 14 90m Hekkie

76.2cm

1	BENADE,BERNALEE	NHS	15.04	8	718	G	
2	SCHALKWYK,RUZAAN	NHS	15.38	7	684	S	
3	ZEEMAN,TABEEL	LYD	16.30	6	592	B	
4	MABUZA,ANGEL	LYD	17.90	5	432		
5	BEKKER,SUMARI	ROB	17.98	4	424		
6	NKOSI,NOMZAMO	BAR	18.66	3	302		
7	PRINSLOO,JUSTINE	BV	19.17	2	200		
8	NZIMA,SHARON	BV	20.04	1	26		
9	MAPHANGA,SINETEMBA	KOM	20.35	0	0		

## Item 37 10:05 Finaal Dogters 15 90m Hekkie

76.2cm

1	VISSER,NERINA	NHS	14.38	8	712	G	
2	STEENEKAMP,EUNICE	LYD	14.70	7	672	S	
3	MBAZIMA,ERICA	ROB	15.74	6	568	B	
4	BREEDT,ZULEKA	NHS	16.41	5	501		
5	NYUNDU,MBALI	ROB	17.20	4	422		
6	FRITZ,CHANNAH	BAR	18.23	3	308		
7	MATHIPA,KAFETOLWA	LYD	18.50	2	254		
8	MABUZA,MELISSA	BAR	18.66	1	222		
9	BROWN,NATASHA	LHS	18.79	0	196		
10	BONINI,TAMLYN	BV	19.22	0	110		
11	MKHABELA,ANDISA	BV	19.70	0	14		
12	MONA,KHANISILE	LHS	20.50	0	0		

## Item 38 10:05 Finaal Seuns 14 100m Hekkie

76.2cm

1	SMIT,STEFAN	NHS	15.45	8	496	G	INTERH
2	LABUSCHAGNE,RUAAN	NHS	15.50	7	486	S	INTERH
3	MALUMANE,TSEPO	BAR	15.90	6	406	B	INTERH
4	THELEDI,KABELO	BV	16.00	5	386		INTERH
5	MSIBI,SANDILE	ROB	16.00	4	386		INTERH
6	PLESSERS,LOEHAN	LYD	16.95	3	196		INTERH
7	KUBAYE,NATHI	BAR	17.00	2	186		INTERH
8	MAMBANE,NIYKO	ROB	19.71	1	0		INTERH

## Item 39 10:05 Finaal Dogters 14 800m

1	DE BLANCHÉ,LIZAAN	NHS	2:23.16	8	927	G	
2	JACOBS,MICHELLE	NHS	2:35.60	7	735	S	
3	SWART,ANE	ROB	2:38.60	6	694	B	
4	MNISI,MATSEPO	ROB	2:39.70	5	683		
5	ENGELBRECHT,LARA	PEN	2:45.60	4	624		
6	FRITZ,STEPHANIE	LYD	2:50.46	3	575		
7	BURGER,DIANDRI	BV	2:59.70	2	503		
8	OPPERMAN,ANE	BAR	3:01.20	1	488		

## Item 40 10:05 Finaal Seuns 19 800m

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
1	GILDENHUYTS,PETER	NHS	1:56.45	8	779	G	
2	SMIT,JUSTIN	NHS	1:59.80	7	702	S	
3	PUANE,KAGISO	LYD	2:00.50	6	688	B	
4	MASILELA,ADVICE	LYD	2:04.50	5	608		
5	BUCHNER,DANIEL	PEN	2:09.90	4	502		
6	MKHABELA,PELICAN	BAR	2:10.40	3	492		
7	VAN ASWEGEN,HENNING	BV	2:12.12	2	425		
8	BOTHA,WILLEM	BV	2:15.90	1	284		

**Item 41 10:05 Finaal Dogters 16 200m**

1	CRONJE,CARMEN	NHS	27.53	8	683	G	
2	VAN DER MERWE,ANRIE	BAR	27.57	7	679	S	
3	CARBONE,ANGELA	ROB	28.43	6	593	B	
4	KNIBBS VAN DAM,KATHLEEN	PEN	28.66	5	570		
5	NDZIMA,PORTIA	LHS	28.76	4	560		
6	DU RANDT,JENNICA	NHS	29.00	3	536		
7	NKWASHU,INNOCENTIA	ROB	29.08	2	528		
8	MAAKANA,HLOVISA	LHS	29.85	1	451		
9	MKHONTO,AMANDA	LYD	30.30	0	406		
10	MANKGE,PHETOLO	BV	30.42	0	394		
11	FERREIRE,ANZERI	LYD	31.20	0	316		
12	WESTENBURG,ABIGAIL	BV	31.91	0	245		
13	OLIVIER,KARLA	PEN	32.25	0	211		
14	NKOSI,PRINCESS	BAR	37.00	0	0		

**Item 42 10:40 Finaal Seuns 19 Diskusgooi**

1.75kg

1	STEYN,WIEHAN	NHS	40.44	8	674	G	
2	SHULD,OSCAR	NHS	40.29	7	672	S	
3	BEVERLY,KENNY	BAR	37.85	6	648	B	
4	WOLMARANS,LOUIS	KOM	35.13	5	621		
5	VAN STADEN,JUAN	ROB	33.05	4	581		
6	PENTZ,DANDRE	BV	32.55	3	571		

**Item 43 10:40 Finaal Seuns 17 Gewigstoot**

5kg

1	SMIT,RAYMOND	BAR	16.38	8	880	G	
2	VAN DER MERWE,MARNUS	NHS	14.44	7	789	S	
3	VISSER,ANDRE	BAR	12.88	6	711	B	
4	KRUGER,COENIE	NHS	12.55	5	695		
5	GONCALVES,FRANCO	ROB	12.55	4	695		
6	NEETHLING,HEINRICH	ROB	12.47	3	691		
7	TERBLANCHE,FRANCO	LYD	12.23	2	679		
8	MULLER,DONOVAN	KOM	12.21	1	678		
9	VAN DYK,JOSHUA	BV	10.58	0	596		
10	HENERY,JACO	LYD	10.31	0	583		
11	VEIGO,SERGIO	KOM	10.21	0	578		
12	WYBROW,NICHOLAS	PEN	09.48	0	535		
13	BLOM,GARARD	BV	08.62	0	482		
14	NKOMO,NJABULO	LHS	07.58	0	276		

**Item 44 10:40 Finaal Seuns 17 Driesprong**

11m

1	MAKAULA,LUKHANYISO	LHS	12.97	8	727	G	
2	ZWANE,SHAUN	BAR	12.45	7	676	S	
3	SODERLUND,MICHAEL	NHS	12.38	6	670	B	
4	MTHETHWA,ERNEST	PEN	12.22	5	655		
5	SLABBERT,WF	NHS	12.19	4	652		
6	SHONGWE,GCINA	BAR	12.13	3	646		
7	MATSANE,MLUNGISE	BV	11.84	2	619		
8	MATHEBULA,SANELE	LHS	11.65	1	601		
9	SHABANGU,EDWARD	ROB	11.58	0	595		
10	GLASS,MATTHEW N	ROB	11.43	0	580		
11	DU TOIT,ROHAN	LYD	11.36	0	574		
12	CONRADIE,BARAN	BV	11.17	0	556		

**Item 45 10:40 Finaal Dogters 16 Spiesgooi**

500g

1	MABUZA,MBALI	NHS	30.94	8	740	G	INTERH
2	KGATLA,MOKGETWA	ROB	29.22	7	717	S	
3	LANDMAN,SHARNE'	BAR	25.31	6	664	B	
4	NKUNDLANE,TANDEKA	BV	24.79	5	655		
5	OOSTHUIZEN,ANKE	NHS	24.55	4	650		
6	BOTHA,JUANE	ROB	22.88	3	610		

**Item 46 10:40 Finaal Seuns 19 200m**

1	DOMINIETTO,AD	BV	23.10	8	684	G	
2	MAAKANA,XUMANI	LHS	23.17	7	677	S	
3	MKHONTO,JUSTICE	BAR	23.23	6	671	B	
4	VISSER,WYNAND	NHS	23.26	5	668		
5	ESSELEN,LOUIS	NHS	23.41	4	653		
6	LUBISI,GRACIOUS	LHS	23.60	3	634		
7	MAZIBUKO,GLEN	ROB	23.78	2	615		
8	NOBUNGA,BHEKI	BV	24.07	1	578		

## Byeenkoms :INTERHOËR by BERGLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
9	REED,JP	BAR	24.10	0	575		
10	JACOBS,CHRISTO	ROB	24.12	0	572		
11	CAPTAIN,TYRAN	PEN	24.30	0	550		
12	GRAUPNER,TRISTAN	LYD	24.40	0	537		
13	NGOBE,TIYANI	PEN	24.65	0	505		
14	ROUX,DANIEL	KOM	27.10	0	102		

**Item 47 10:40 Finaal Dogters 14 400m**

1	DE BLANCHÉ,LIZAAAN	NHS	1:04.95	8	758	G
2	KELLAR,ASHLEY	PEN	1:06.40	7	710	S
3	COETZEE,LEANDRIE	NHS	1:06.54	6	705	B
4	MAHLATJI,CELINA	LYD	1:08.20	5	650	
5	NEL,MEGAN	KOM	1:08.34	4	645	
6	GROBLER,NICOLE	LYD	1:08.70	3	633	

**Item 48 10:40 Finaal Dogters 15 400m**

1	STEENEKAMP,EUNICE	LYD	1:03.07	8	741	G
2	REITER,LINSY	NHS	1:03.60	7	723	S
3	SHONGWE,VANESSA	NHS	1:05.37	6	664	B
4	CARSTENS,JENE	PEN	1:06.45	5	628	
5	HLONGWANE,MELANY	ROB	1:06.70	4	620	
6	BIELDT,SUMARI	ROB	1:08.23	3	569	
7	ZULU,KARLOTTA	BAR	1:08.63	2	556	
8	VAN DER WESTHUIZEN,ROCHELLE	LYD	1:09.70	1	520	
9	KECK,JACQUELINE	BV	1:11.32	0	439	
10	MBUNGELE,SAMANTHA	LHS	1:14.66	0	272	
11	ZONNEVELD,ANJA	BV	1:17.60	0	135	
12	MOLIKWANE,THABANG	LHS	1:17.60	0	135	
13	PASCOE,ASHLEIGH	PEN	1:19.50	0	25	

**Item 49 10:40 Finaal Seuns 15 400m**

1	NKOSI,MLUDUZI	NHS	0:52.76	8	769	G
2	BASSON,DE VILLIERS	NHS	0:53.20	7	747	S
3	THOMPSON,CHRISTOPHER	ROB	0:55.76	6	518	B
4	CONRAY,THOMAS	ROB	0:57.50	5	344	
5	VD WALT,DUNCAN	LYD	0:58.56	4	238	
6	RATNARAJAH,OLIVER	PEN	0:59.04	3	180	
7	MKHABELA,LEONARD	LYD	0:59.90	2	94	

**Item 50 10:40 Finaal Dogters 19 400m**

1	NGWENYA,THEMBEKA	LHS	1:03.46	8	528	G
2	BOTHA,LISKA	NHS	1:03.50	7	527	S
3	SMIT,ALICIA	BV	1:06.30	6	433	B
4	JAMES,ANGELIQUE	NHS	1:08.10	5	373	
5	MKHWANAZI,LINDO	BV	1:08.41	4	363	
6	SHIBURI,SELINA	LYD	1:10.27	3	292	
7	RULISA,MOGANE	ROB	1:10.65	2	273	
8	CLAASENS,CHANTE	ROB	1:10.76	1	267	
9	ROBERTSON,GAELLE	PEN	1:11.38	0	236	
10	DE BRUIN,DANIELLE	KOM	1:15.22	0	47	
11	SHUBE,ZANDISIWE	BAR	1:19.00	0	0	
12	NGWENYA,CAROL	BAR		0	0	

**Item 51 11:15 Finaal Dogters 17 Diskusgooi**

							1kg
1	BIELDT,DANEL	ROB	31.22	8	703	G	
2	VAN DER MERWE,ALICIA	NHS	29.69	7	678	S	
3	OLIVER,COR-MARI	NHS	28.45	6	658	B	
4	BOUWER,PETRONE	LYD	24.48	5	568		
5	HARTZER,MARLI	LYD	22.55	4	522		
6	DU PLESSIS,LIZANNE	ROB	20.44	3	472		

**Item 52 11:15 Finaal Dogters 14 Hoogspring**

1	POTGIETER,LINMARI	NHS	1.42	8	830	G
2	DE BEER,LIZA	NHS	1.40	7	810	S
3	NKWASHU,VANESSA	ROB	1.35	6	760	B
4	GROVE,MICHAELA	PEN	1.30	5	710	
5	MARITZ,TYLER	BV	1.25	4	660	
6	ZEEMAN,TABEEL	LYD	1.25	3	660	
7	OPPERMAN,ANE'	BAR	1.25	2	660	
7	NZIMA,SHARON	BV	1.25	2	660	

**Item 53 11:15 Finaal Dogters 15 Verspring**

1	SPARROW,CLAIRE	NHS	4.69	8	782	G
2	NKOSI,GUGU	LHS	4.69	7	782	S
3	VISSER,NERINA	NHS	4.63	6	767	B
4	MCKENZIE,JEMMA	PEN	4.37	5	702	
5	HLONGWANE,MELANY	ROB	4.31	4	687	
6	ERASMUS,ANUSCHA	BV	4.15	3	647	

**Item 54 11:15 Finaal Seuns 14 Gewigstoot**

							4kg
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## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
1	OTTO,WIAN	NHS	12.38	8	806	G	
2	VENTER,REINHARDT	ROB	11.84	7	779	S	
3	VENTER,MARTINUS	BAR	11.82	6	778	B	
4	DELGADO,MIGUEL	PEN	11.14	5	744		
5	WILLERS,JOUBERT	KOM	10.54	4	714		
6	NIEUWOUTD,ZANDRE	LYD	10.47	3	711		
7	SJABLOM,DYLAN	BV	10.10	2	692		
8	SCHROEDER,ESTIAN	NHS	09.57	1	661		
9	DLAMINI,JUNIOR	LHS	09.53	0	658		
10	BEZUIDENHOUD,IZAK-DANIEL	LYD	09.20	0	636		
11	DANILOWITZ,JAKE	PEN	08.72	0	611		
12	NKOSI,SIZWE	LHS	08.66	0	606		
13	MKHABELA,SANDILE	BAR	07.66	0	412		
14	NEL,JACQUES	BV	07.05	0	290		

**Item 55 11:15 Finaal Dogters 16 100m Hekkie**

76.2cm

1	CRONJE,CARMEN	NHS	15.70	8	898	G	
2	VAN DER MERWE,ANRIE	BAR	15.76	7	891	S	
3	PRETORIUS,LEZY	NHS	18.05	6	605	B	
4	NKWASHU,INNOCENTIA	ROB	18.15	5	592		
5	MHLANGU,NOLWAZI	LHS	18.20	4	586		
6	BOTHA,JUANE	ROB	18.82	3	519		
7	HAMMAN,LEANDI	LYD	19.13	2	488		
8	KOEKEMOER,ZAAN-MARI	LYD	20.31	1	386		

**Item 56 11:15 Finaal Dogters 17 100m Hekkie**

76.2cm

1	BLACK,MIGNON	LYD	16.29	8	745	G	
2	KRUGER,CHIRSTI	NHS	16.40	7	731	S	
3	NGOMANE,NJABULISO	BV	16.53	6	715	B	
4	LOMBARD,KARLIEN	NHS	17.73	5	565		
5	NGUNI,PRINCESS	LYD	19.45	4	376		
6	MATHEBULA,MIKATEKO	BV	19.80	3	341		

**Item 57 11:15 Finaal Seuns 15 100m Hekkie**

84cm

1	GROENEWALD,RUAN	NHS	14.09	8	695	G	
2	MASEKO,SAKHILE	ROB	14.18	7	672	S	
3	TROSKIE,REINIER	LYD	14.76	6	554	B	
4	VAN DUYSKER,DUVAN	NHS	15.04	5	498		
5	RAULSTONE,DJ	BAR	15.38	4	430		
6	COMBRINK,JEANDRE	LYD	16.35	3	236		
7	NCANANA,SANDISO	BAR	16.59	2	188		

**Item 58 11:15 Finaal Dogters 19 100m Hekkie**

84cm

1	JOUBERT,BRUMILDE	NHS	16.55	8	632	G	
2	VERMEULEN,YOLANDI	LYD	17.50	7	513	S	
3	ERASMUS,JESSICA	ROB	17.84	6	471	B	
4	VAN VUUREN,SIMONÉ	NHS	18.37	5	405		
5	MOKOENA,NOMATHEMBA	LYD	18.40	4	401		
6	RULISA,MOGANE	ROB	20.66	3	203		

**Item 59 11:15 Finaal Seuns 16 110m Hekkie**

84cm

1	BEYTELL,ISAK	LYD	14.82	8	782	G	INTERH
2	KRUGER,MARNUS	NHS	14.99	7	748	S	INTERH
3	BANDA,MAUDAS	BV	15.19	6	708	B	
4	RIX,DARREN	NHS	15.50	5	646		
5	LANGE,GREGORY	ROB	16.50	4	446		
6	MAGABEDI,KOSANA	ROB	16.70	3	406		
7	MARKGRAAFF,ANTONIO	BAR	17.00	2	346		
8	SITHOLE,PERCY	BAR	17.85	1	176		
9	LAUBSCHER,TRISTAN	BV	21.46	0	0		

**Item 60 11:15 Finaal Seuns 17 110m Hekkie**

91.4cm

1	AUCAMP,HANNES	NHS	14.79	8	756	G	INTERH
2	VAN DUYSKER,JUANDRE	NHS	15.29	7	656	S	
3	OLANIYI,PELUMI	ROB	16.20	6	474	B	
4	SHABANGU,EDWARD	ROB	16.50	5	414		
5	THOBEJANE,RAMA	LYD	16.76	4	362		
6	MAGAGULA,SETHU	BAR	17.17	3	280		
7	COMBRINK,ENZO	LYD	18.13	2	88		

**Item 61 11:15 Finaal Seuns 19 110m Hekkie**

99.5cm

1	MAPHANGA,THABISO	LYD	16.09	8	596	G	
2	NIEUWOUTD,RUAN	NHS	16.35	7	556	S	
3	JONES,NATHAN A	ROB	16.44	6	540	B	
4	SIBANYONI,DAVID	LYD	16.60	5	508		
5	AFRIKA,ANDRINO	BAR	16.95	4	438		
6	PENTZ,DANDRE	BV	17.66	3	296		
0	ROETS,SHIMON	NHS	Disq	0	0		

**Item 62 12:05 Finaal Seuns 16 Diskusgooi**

1.5kg

## Byeenkoms :INTERHOËR by BERGLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
1	ESSELEN,FRANCOIS	NHS	43.35	8	823	G	
2	BROODRYK,PIETER JOHAN	ROB	41.13	7	801	S	
3	MAAS,RUHAN	NHS	39.61	6	786	B	
4	VENTER,LOHAN	ROB	31.79	5	675		
5	MADONSELA,ZETHEMBE	PEN	30.58	4	651		
6	MFOMANDE,ABEL	LHS	29.26	3	625		

**Item 63 12:05 Finaal Seuns 15 Spiesgooi**

600g

1	VAN DER BANK,STEFAN	NHS	62.60	8	916	G	INTERH
2	GROENEWALD,RUAN	NHS	43.71	7	727	S	
3	BUITENDAG,KAREL	LYD	43.40	6	724	B	
4	BOTHA,BOETA	ROB	37.53	5	665		
5	BOTHA,BOTES	ROB	36.60	4	656		
6	VORSTER,LOUHAN	BV	36.10	3	651		

**Item 64 12:05 Finaal Dogters 19 Gewigstoot**

4kg

1	MOKOENA,KARABO	ROB	10.06	8	698	G	
2	DE VILLIERS,ANNIE	NHS	09.43	7	670	S	
3	MCDONALD,MONIQUE	NHS	09.41	6	669	B	
4	SILINDA,PHILILE	BV	08.52	5	629		
5	SMITH,NICOLE	LYD	08.50	4	628		
6	MASEGO,KATHLEEN	LYD	08.32	3	620		
7	WILLEMSE,DANELLE	ROB	07.42	2	579		
8	LOVETT,SAM	PEN	07.41	1	578		

**Item 65 12:05 Finaal Dogters 15 Hoogspring**

1	JOUBERT,ILKE	NHS	1.50	8	870	G	
2	VAN DER DANDT,LAROCHELLE	KOM	1.45	7	820	S	
3	HLONGWANE,MELANY	ROB	1.40	6	770	B	
4	OPPERMAN,LEANDRI	BAR	1.35	5	720		
5	DEN DUNNEN,JAMIE	PEN	1.35	4	720		
6	MULLER,ANGELIQUE	BV	1.35	3	720		

**Item 66 12:05 Finaal Dogters 16 Verspring**

1	NKAMBULE,GUGU	LHS	4.99	8	822	G	
2	NDZIMA,PORTIA	LHS	4.62	7	725	S	
3	MKHONTO,NELLIE	BV	4.48	6	690	B	
4	DU RANDT,JENNICA	NHS	4.43	5	677		
5	VINCENT,SAVANNAH	PEN	4.22	4	625		
6	BARNARD,CHANELLE	LYD	4.18	3	615		

**Item 67 12:05 Finaal Seuns 14 200m**

1	STRYDOM,BEN	NHS	25.73	8	595	G	
2	KOK,VUYO	ROB	25.85	7	578	S	
3	MALUMANE,TSEPO	BAR	26.19	6	523	B	
4	WILLERS,JOUBERT	KOM	26.34	5	494		
5	THELEDI,KABELO	BV	26.50	4	462		
6	MATHEBULA,SETHU	KOM	26.59	3	444		
7	NYATI,LEBO	ROB	26.91	2	380		

**Item 68 12:05 Finaal Dogters 17 200m**

1	DE JAGER,LIEZL	NHS	27.32	8	624	G	
2	BLACK,MIGNON	LYD	27.49	7	607	S	
3	ZWANE,SIHLE	BV	27.73	6	583	B	
4	JORDAAN,JEAN-CHERIE	BAR	27.95	5	561		
5	CAMPOS,SANDRA-LEE	ROB	28.07	4	549		
6	PIETERSE,LENTE	ROB	28.32	3	524		

**Item 69 12:05 Finaal Seuns 17 200m**

1	ENGELBRECHT,EDUAN	NHS	22.80	8	748	G	
2	AUCAMP,HANNES	NHS	23.00	7	728	S	
3	MAILE,ROBIN	LHS	23.00	6	728	B	
4	MTHETHWA,ERNEST	PEN	23.91	5	637		
5	PHIFADI,TSHEPO	ROB	24.00	4	628		
6	JOOSTE,TONY	BV	24.01	3	627		

**Item 70 12:05 Finaal Seuns 19 1500m**

1	GILDENHUYS,PETER	NHS	04:11.12	8	742	G	
2	MASILELA,ADVICE	LYD	04:15.55	7	698	S	
3	VAN HEERDEN,ARLO	NHS	04:17.85	6	675	B	
4	MSIBI,SIPHESIHLE	BAR	04:25.13	5	602		
5	BOTHA,WILLEM	BV	04:33.04	4	523		
6	MOKWENA,FREDDY	LYD	04:37.59	3	468		
7	GEORGE,TYRON-LEE	BV	04:51.20	2	216		
8	MKHABELA,PELICAN	BAR	04:54.20	1	156		

**Item 71 12:40 Finaal Dogters 14 Spiesgooi**

500g

1	VAN AARDE,MARNÉ	NHS	30.24	8	893	G	
2	BENADE,BERNALEE	NHS	29.49	7	884	S	
3	VAN DER MERWE,CORLIA	BAR	27.52	6	860	B	
4	BEKKER,SUMARI	ROB	27.29	5	857		

## Byeenkoms :INTERHOËR by BERGLVAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
5	NYATHI,BANDISILE	LHS	19.58	4	683		
6	VAN DER WESTHUIZEN,DOMINIQUE	KOM	19.20	3	668		

## Item 72 12:40 Finaal Seuns 17 Hoogspring

1	BHAMJEE,MUAAZ	KOM	1.55	8	560	G	
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## Item 73 12:40 Finaal Seuns 14 Diskusgooi

					1kg		
1	SMIT,STEFAN	NHS	42.15	8	851	G	INTERH
2	VENTER,REINHARDT	ROB	36.34	7	793	S	INTERH
3	VENTER,MARTINUS	BAR	32.87	6	737	B	INTERH
4	OTTO,WIAN	NHS	32.38	5	727		INTERH
5	DELGADO,MIGUEL	PEN	28.20	4	644		
6	BEZUIDENHOUT,KAYLE	ROB	26.78	3	615		

## Item 74 12:40 Finaal Dogters 19 Driesprong

						11m	
1	NKAMBULE,GUGU	LHS	10.37	8	790	G	
2	NGOMANE,NJABULISO	BV	10.26	7	779	S	
3	NDLOVU,JOY	LHS	10.21	6	774	B	
4	BLOM,RISCHA	NHS	10.10	5	763		
5	LOMBARD,KARLIEN	NHS	09.85	4	738		
6	VAN ZYL,CLARISE	LYD	09.32	3	685		
7	LEKHULENI,NTEBO	BV	09.03	2	652		
8	LABUSCHAGNE,ALIDA	LYD	07.91	1	225		
9	NDINISA,STACEY	BAR	07.56	0	50		

## Item 75 12:40 Finaal Seuns 14 800m

1	SPRUYT,RAINER	NHS	2:08.38	8	852	G	
2	MAGAGULE,NHLANHLA	BAR	2:14.00	7	670	S	
3	MENTZ,TERTIUS	NHS	2:16.07	6	597	B	
4	NKOSI,VUYO	ROB	2:23.37	5	305		
5	DE BRUIN,RHINUS	BV	2:23.38	4	304		
6	MATHEBULA,SETHU	KOM	2:26.43	3	182		
7	JOSEPHS,DARREN	BAR	2:28.80	2	88		
8	MALUNGISA,NHLAKANIPHO	LHS	2:28.90	1	84		

## Item 76 12:40 Finaal Dogters 17 800m

1	MEYER,CARLU	NHS	2:23.29	8	805	G	
2	JOUBERT,ANRI	NHS	2:23.70	7	798	S	
3	MNISI,KAMO	LYD	2:35.20	6	612	B	
4	DE BRUIN,FRENIKA	BV	2:39.40	5	566		
5	SCHOLLE,SABINE	PEN	2:53.21	4	427		
6	DE ARAUJO,SAMMY	PEN	2:55.30	3	408		
7	GUMEDE,INTHANDO	ROB	3:01.20	2	368		
8	MATHEBULA,MIKATEKO	BV	3:02.40	1	356		

## Item 77 12:40 Finaal Seuns 15 100m

1	MATEBULA,TIYANI	PEN	11.66	8	750	G	
2	BASSON,DE VILLIERS	NHS	11.88	7	697	S	
3	VAN DER BANK,STEFAN	NHS	11.99	6	670	B	
4	LESLIE,ADAM	PEN	12.30	5	555		
5	NGWENYA,NGCEDO	LHS	12.49	4	475		
6	MOLOBEKA,SETSHABA	BV	12.50	3	470		

## Item 78 12:40 Finaal Dogters 19 1500m

1	WIID,MADRI	NHS	04:50.85	8	810	G	
2	MANS,MIRANDA	NHS	05:01.10	7	759	S	
3	SMIT,ALICIA	BV	05:10.38	6	713	B	
4	WHITTAL,SHANNON	PEN	05:44.13	5	544		
5	MADUMA,LERATO	LYD	05:57.09	4	479		
6	MADUMA,KAMOGELO	LYD	06:32.90	3	141		
7	MITCHELL,CHA-LYNN	ROB	06:38.00	2	90		
8	GRIEBENOUW,LEILA	BV	06:51.18	1	0		

## Item 79 12:40 Finaal Seuns 16 1500m

1	NKOSI,WANDLA	NHS	04:06.57	8	849	G	INTERH
2	NKOSI,BONGANI	BAR	04:27.00	7	680	S	
3	SIHLANGU,TEMBA	ROB	04:29.29	6	657	B	
4	GROENEWALD,LE ROUX	NHS	04:29.84	5	651		
5	DE BRUIN,TIAN	BV	04:42.57	4	490		
6	BURGER,DIARCO	BV	04:44.45	3	459		
7	LIEBENBERG,REUBEN	PEN	04:50.50	2	350		
8	BOTHA,JOHAN	LYD	05:05.00	1	60		

## Item 80 13:20 Finaal Seuns 15 Hoogspring

1	SLABBERT,MARIUS	NHS	1.75	8	805	G	
2	RAULSTONE,DJ	BAR	1.60	7	730	S	
2	MNISI,THEMBALETHU	LHS	1.60	7	730	S	
4	MASINGA,NJABULA	LYD	1.55	5	700		
5	JOSEPHS,DONELL	BAR	1.55	4	700		
6	TALJAARD,JC	NHS	1.50	3	650		
7	MTHETWA,LIFA	ROB	1.45	2	550		

## Byeenkoms :INTERHOËR by BERGLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
8	VELDSMAN,MC	LYD	1.45	1	550		
<b>Item 81 13:20 Finaal Dogters 17 Spiesgooi</b>					<b>500g</b>		
1	BIELDT,DANEL	ROB	41.05	8	788	G	INTERH
2	GUMEDE,INTHANDO	ROB	37.00	7	733	S	
3	DE BEER,MENANTO	NHS	32.74	6	691	B	
4	LE GRANGE,JANIE	BAR	30.08	5	660		
5	SCHOEMAN,SHANON	LYD	29.11	4	647		
6	LOMBARD,KARLIEN	NHS	26.50	3	614		
<b>Item 82 13:20 Finaal Dogters 15 Gewigstoot</b>					<b>3kg</b>		
1	JOUBERT,ILKE	NHS	11.38	8	838	G	
2	DU TOIT,ANNERIE	LYD	10.38	7	793	S	
3	NIEUWOUDT,MARIKA	NHS	09.94	6	773	B	
4	NYAMBI,FAITH	ROB	09.35	5	746		
5	LABUSCHAGNE,SONAY	LYD	09.17	4	738		
6	HLOPHE,NONTOBEKO	LHS	08.99	3	730		
7	ERASMUS,ANUSCHA	BV	08.25	2	696		
8	DE ARAUJO,SHANNON	PEN	08.10	1	690		
<b>Item 83 13:20 Finaal Dogters 14 Verspring</b>							
1	KELLAR,ASHLEY	PEN	4.65	8	812	G	
2	MAKONI,BETHAL	PEN	4.58	7	795	S	
3	VAN DER MERWE,CORLIA	BAR	4.45	6	762	B	
4	VAN AARDE,MARNÉ	NHS	4.26	5	715		
5	WILLIAMS,RAY-ANN	LYD	4.15	4	687		
6	DE BEER,LIZA	NHS	4.14	3	685		
<b>Item 84 13:20 Finaal Seuns 19 Driesprong</b>					<b>13m</b>		
1	DLAMINI,THABO	LYD	13.47	8	697	G	
2	LUKHELE,TEBOGO	LHS	13.12	7	662	S	
3	HENDRIKS,CURTIS	LYD	12.75	6	625	B	
4	REITER,LUAN	NHS	12.33	5	584		
5	CHIRWA,LUX	BV	12.00	4	554		
6	SIFUNDA,MTHETHO	BAR	11.94	3	549		
7	BODENSTEIN,MICHAEL	NHS	11.92	2	547		
8	MARULE,ALLEN	ROB	11.71	1	528		
<b>Item 85 13:20 Finaal Dogters 16 100m</b>							
1	VAN DER MERWE,ANRIE	BAR	13.34	8	724	G	
2	CRONJE,CARMEN	NHS	13.35	7	722	S	
3	NDZIMA,PORTIA	LHS	13.88	6	616	B	
4	DU RANDT,JENNICA	NHS	13.98	5	596		
5	KNIBBS VAN DAM,KATHLEEN	PEN	14.12	4	567		
6	MOKOENA,BONGA	BV	14.59	3	450		
7	MKHONTO,NELLIE	BV	14.66	2	432		
8	NKAMBULE,GUGU	LHS	15.97	1	105		
<b>Item 86 13:20 Finaal Seuns 16 100m</b>							
1	MLANGENI,SANDILE	BAR	11.23	8	796	G	
2	PONISAMMY,NORBET	NHS	11.27	7	788	S	
3	NHLABATHI,KWANDU	ROB	11.45	6	752	B	
4	RIX,DARREN	NHS	11.68	5	706		
5	PHAKATHI,MTHOBISI K	ROB	11.70	4	702		
6	COERTZE,HADRICK	PEN	11.87	3	650		
7	SHIPALANA,LUNGILE	BV	12.00	2	607		
<b>Item 87 13:20 Finaal Dogters 19 200m</b>							
1	JOUBERT,BRUMILDE	NHS	27.93	8	483	G	
2	STEYN,LISA-MARI	LYD	28.00	7	476	S	
3	DE JAGER,CHRISTELLE	NHS	28.50	6	426	B	
4	SHONGWE,PHINDILE	BAR	29.28	5	348		
5	MKHWANAZI,LINDO	BV	29.40	4	336		
6	MOKOENA,NOMATHEMBA	LYD	29.65	3	311		
7	ERASMUS,JESSICA	ROB	30.05	2	271		
<b>Item 88 13:20 Finaal Seuns 17 1500m</b>							
1	GROBLER,GRONIGHAN	NHS	04:17.05	8	736	G	
2	NAWA,KATLEGO	LYD	04:24.13	7	668	S	
3	BOTHMA,DEWALD	NHS	04:29.58	6	614	B	
4	SHIBA,TERRENCE	BAR	04:37.27	5	537		
5	ATTWOOD,SIMON	PEN	04:37.68	4	533		
6	BIJZET,HANNO	BV	04:47.15	3	372		
7	LABUSCHAGNE,MORNE	BV	04:47.68	2	363		
8	NORTJE,DYLAN	PEN	04:49.90	1	322		
<b>Item 89 13:55 Finaal Seuns 19 Hoogspring</b>							
1	LOUW,ETIENNE	NHS	1.85	8	675	G	
2	MAVIMBELA,LEBO	PEN	1.80	7	650	S	
3	MASUKU,COMFORT	LHS	1.75	6	625	B	
4	BLOM,ESWEE	NHS	1.75	5	625		

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
5	MASHABA,SIMPHIWE	PEN	1.70	4	600		
5	MDLULI,WILLIAM	LHS	1.70	4	600		
7	JOUBERT,JOSHUA	ROB	1.65	2	575		
8	MAPHANGA,THABISO	LYD	1.60	1	550		

**Item 90 13:55 Finaal Dogters 16 Hoogspring**

1	NDZIMA,PORTIA	LHS	1.42	8	750	G	
2	HOOD,AMY	PEN	1.40	7	730	S	
2	BOTHA,JUANE	ROB	1.40	7	730	S	
4	JANSE VAN VUUREN,BIANCÉ	NHS	1.40	5	730		
5	LANDMAN,SHARNE'	BAR	1.35	4	680		
5	CHWENE,BRIDGETTE	BAR	1.35	4	680		
7	MTHEMBU,THULI	BV	1.35	2	680		

**Item 91 13:55 Finaal Seuns 17 Verspring**

1	MTHETHWA,ERNEST	PEN	6.69	8	795	G	
2	AUCAMP,HANNES	NHS	6.33	7	744	S	
3	SODERLUND,MICHAEL	NHS	6.23	6	727	B	
4	MALOPE,BRIAN	BV	6.07	5	704		
5	MASEKO,ANDILE	BAR	6.02	4	697		
6	THOBEJANE,RAMA	LYD	5.72	3	653		
7	MATHEBULA,SANELE	LHS	5.70	2	650		
8	ZWANE,SHAUN	BAR	5.47	1	607		

**Item 92 13:55 Finaal Seuns 15 Gewigstoot**

						4kg	
1	VAN DER BANK,STEFAN	NHS	15.91	8	906	G	
2	KRIEG,STEFAN	ROB	14.79	7	857	S	
3	MARAIS,NAAS	NHS	14.11	6	823	B	
4	STEYN,HEIN	LYD	13.82	5	808		
5	WESTCOTT,CLAYTON	LYD	12.45	4	740		
6	LUNDY,FRED	ROB	12.30	3	732		
7	PRETORIUS,ESTIAAN	KOM	11.35	2	685		
8	KASSELMAN,ADRIAAN	BV	11.33	1	684		

**Item 93 13:55 Finaal Seuns 14 Spiesgooi**

						600g	
1	MAAS,JOSHUA	NHS	52.58	8	885	G	
2	JORDAAN,JEAN	NHS	36.67	7	726	S	
3	NIEUWOUTD,ZANDRE	LYD	34.35	6	687	B	
4	BEZUIDENHOUD,IZAK-DANIEL	LYD	30.89	5	637		
5	KUBAYE,NATHI	BAR	30.85	4	637		
6	VENTER,REINHARDT	ROB	27.14	3	512		

**Item 94 13:55 Finaal Dogters 19 Diskusgooi**

						1kg	
1	DE VILLIERS,ANNIE	NHS	30.40	8	610	G	
2	MCDONALD,MONIQUE	NHS	30.15	7	606	S	
3	COUVARAS,CHRISTINA	LYD	29.41	6	594	B	
4	MOKOENA,KARABO	ROB	26.20	5	529		
5	WILLEMSE,DANELLE	ROB	25.31	4	508		
6	DE LANGE,TANYA	BV	23.21	3	458		

**Item 95 13:55 Finaal Seuns 15 Verspring**

1	MATEBULA,TIYANI	PEN	6.09	8	827	G	
2	MUWAYI,FRANK	LHS	5.74	7	776	S	
3	PAYNE,BRANDON	BV	5.64	6	760	B	
4	VAN DER BANK,STEFAN	NHS	5.54	5	743		
5	MAZIBUKO,MELI	NHS	5.50	4	735		
6	RAULSTONE,DJ	BAR	5.09	3	632		
7	COMBRINK,JEANDRE	LYD	4.97	2	602		
8	LEKHULENI,SIBUSISO	ROB	4.28	1	430		

**Item 96 13:55 Finaal Seuns 19 400m**

1	MAAKANA,XUMANI	LHS	0:50.33	8	690	G	
2	DOMINIETTO,AD	BV	0:50.70	7	672	S	
3	ESSELEN,LOUIS	NHS	0:52.04	6	605	B	
4	JACOBS,CHRISTO	ROB	0:52.79	5	567		
5	PUANE,KAGISO	LYD	0:53.77	4	517		
6	PHIRI,BENNY	BAR	0:54.35	3	459		
7	ERASMUS,MARIUS	PEN	0:54.41	2	453		
8	LOUBSER,JONATHAN	KOM	0:58.30	1	64		

**Item 97 13:55 Finaal Dogters 17 400m**

1	MEYER,CARLU	NHS	1:03.70	8	600	G	
2	JORDAAN,JEAN-CHERIE	BAR	1:03.73	7	599	S	
3	PIETERSE,LENTE	ROB	1:05.88	6	527	B	
4	MARAIS,ANKE	NHS	1:07.29	5	480		
5	DE BRUIN,FRENIKA	BV	1:07.35	4	478		
6	VAN HEERDEN,JANA	LYD	1:09.26	3	415		
7	MATHEBULA,MIKATEKO	BV	1:11.00	2	335		

**Item 98 13:55 Finaal Dogters 14 200m**

1	MILLAR,JOSIE	NHS	28.70	8	646	G	
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## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
2	SCHALKWYK,RUZAAN	NHS	29.00	7	616	S	
3	NKAMBULE,PROMISE	LHS	29.10	6	606	B	
4	GROBLER,NICOLE	LYD	29.23	5	593		
5	MKHONZA,BIANCA	LHS	29.29	4	587		
6	MAKONI,BETHAL	PEN	29.60	3	556		

**Item 99 13:55 Finaal Dogters 15 200m**

1	SPARROW,CLAIRE	NHS	27.94	8	682	G	
2	MHLANGU,THABILE	BAR	28.05	7	671	S	
3	SHONGWE,VANESSA	NHS	28.41	6	635	B	
4	STEENEKAMP,EUNICE	LYD	28.50	5	626		
5	MBAZIMA,ERICA	ROB	29.55	4	521		
6	NDLOVU,KHANYISILE	LYD	29.95	3	481		

**Item 100 13:55 Finaal Seuns 16 200m**

1	MLANGENI,SANDILE	BAR	23.09	8	759	G	
2	NHLABATHI,KWANDU	ROB	23.80	7	688	S	
3	COERTZE,HADRICK	PEN	23.97	6	671	B	
4	NEL,BARTLO	NHS	24.06	5	662		
5	DE KOCK,NICO	NHS	24.30	4	638		
6	PHAKATHI,MTHOBISI K	ROB	24.46	3	622		
7	SHIPALANA,LUNGILE	BV	24.63	2	605		

**Item 101 14:30 Finaal Dogters 17 Verspring**

1	BLACK,MIGNON	LYD	4.99	8	782	G	
2	CAMPOS,SANDRA-LEE	ROB	4.91	7	757	S	
3	NKOSI,ZANELE	LHS	4.91	6	757	B	
4	PAYNE,RUNIQUE	PEN	4.87	5	747		
5	LEKHULENI,NTEBO	BV	4.45	4	642		
6	KRUGER,CHIRSTI	NHS	4.35	3	617		

**Item 102 14:30 Finaal Seuns 16 Spiesgooi**

700g

1	BOUWER,WERNER	NHS	54.81	8	828	G	
2	ESSELEN,FRANCOIS	NHS	48.95	7	769	S	
3	MIDDLETON,DYLAN A	ROB	47.75	6	757	B	
4	VAN VUUREN,DUNCAN	LYD	45.60	5	736		
5	VERMAAS,NEIL	BV	45.19	4	731		
6	BRITS,JACQUES	LYD	43.38	3	713		

**Item 103 14:30 Finaal Dogters 14 Gewigstoot**

3kg

1	BROWN,NATASHA	NHS	11.17	8	869	G	
2	VAN AARDE,MARNÉ	NHS	10.34	7	831	S	
3	VAN DER WESTHUIZEN,DOMINIQUE	KOM	09.19	6	779	B	
4	TUKELA,BHONGO	LHS	08.95	5	768		
5	BYLSMAN,ANSIE	LYD	08.94	4	768		
6	LUIES,DANIKA	LYD	08.71	3	757		

**Item 104 14:30 Finaal Dogters 16 400m**

1	NKWASHU,INNOCENTIA	ROB	1:06.11	8	600	G	
2	KNIBBS VAN DAM,KATHLEEN	PEN	1:06.30	7	593	S	
3	SWANEPOEL,MICHELLE	LYD	1:08.28	6	527	B	
4	STRONKHORST,ANGELIQUE	NHS	1:10.37	5	447		
5	DU RANDT,JENNICA	NHS	1:10.45	4	443		
6	HLEBEYA,SAKHILE	BV	1:12.48	3	341		

**Item 105 14:30 Finaal Seuns 17 400m**

1	ENGELBRECHT,EDUAN	NHS	0:50.87	8	743	G	
2	MAPHOPHE,MUZI	LHS	0:51.04	7	735	S	
3	GROBLER,GRONIGHAN	NHS	0:51.54	6	710	B	
4	NDLOVU,WELCOME	BAR	0:53.30	5	622		
5	ATKINSON,ADRIAAN	KOM	0:54.60	4	514		
6	DU PREEZ,BRAAM	BV	0:55.69	3	405		

**Item 106 14:30 Finaal Seuns 14 400m**

1	KRUGER,CHRISTIAAN	LYD	0:57.43	8	438	G	
2	SPRUYT,RAINER	NHS	0:57.49	7	432	S	
3	MAGAGULE,NHLANHLA	BAR	0:58.31	6	349	B	
4	MATBUHEZE,CHUKA	LYD	1:02.10	5	0		
5	WILLERS,JOUBERT	KOM	1:02.16	4	0		
6	KOK,VUYO	ROB	1:02.88	3	0		
7	SWANEPOEL,ISAK	NHS	1:03.17	2	0		

**Item 107 14:30 Finaal Dogters 15 1500m**

1	ERASMUS,MIA	NHS	05:03.07	8	869	G	
2	TSHELA,DINEO	LYD	05:04.89	7	860	S	
3	CARSTENS,JENE	PEN	05:15.10	6	809	B	
4	VAN STADEN,DESIRE	NHS	05:26.70	5	751		
5	BIELDT,SUMARI	ROB	05:30.16	4	734		
6	KECK,JACQUELINE	BV	05:32.90	3	720		
7	GIBLEY,SARA-LEE	LYD	06:06.38	2	526		
8	CHICKWANHA,KAREN	BV	06:54.60	1	44		

**Item 108 14:30 Finaal Dogters 14 1500m**

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
1	DE BLANCHÉ,LIZAAN	NHS	05:16.20	8	884	G	
2	VAN HEERDEN,MELISCA	NHS	05:16.57	7	882	S	
3	ATTWOOD,MARU	PEN	05:36.12	6	784	B	
4	SWART,ANE	ROB	05:39.77	5	766		
5	FRITZ,STEPHANIE	LYD	05:59.77	4	666		
6	BURGER,DIANDRI	BV	06:08.50	3	585		
7	CONRADIE,ELZAAN	LYD	06:12.31	2	546		
8	VENTER,SIMONE	ROB	06:26.50	1	405		

**Item 109 15:10 Finaal Seuns 19 Verspring**

1	CHILOANE,BENNY	PEN	6.59	8	723	G	
2	LUKHELE,TEBOGO	LHS	6.57	7	720	S	
3	PIETERS,HERNUS	NHS	6.32	6	675	B	
4	REITER,LUAN	NHS	5.95	5	611		
5	HENDRIKS,CURTIS	LYD	5.94	4	610		
6	NKOSI,MPENDULO	ROB	5.82	3	590		
7	MASUKU,COMFORT	LHS	5.77	2	581		
8	NGOBE,TIYANI	PEN	5.68	1	566		

**Item 110 15:10 Finaal Seuns 14 Verspring**

1	MALUMANE,TSEPO	BAR	5.35	8	777	G	
2	SIBUYI,NTSAKO	BV	5.06	7	705	S	
3	SMIT,STEFAN	NHS	5.04	6	700	B	
4	CLOETE,MARAI	NHS	5.01	5	692		
5	LUIES,WESSEL	LYD	4.90	4	665		
6	NDAWO,BONGA	PEN	4.74	3	625		

**Item 111 15:10 Finaal Dogters 19 Hoogspring**

1	KITCHING,RENE	LYD	1.45	8	700	G	
2	JOUBERT,BRUMILDE	NHS	1.40	7	650	S	
3	VAN RENSBURG,MEGAN	PEN	1.40	6	650	B	
4	HEYTECK,ANINA	NHS	1.40	5	650		
5	MKHATSHWA,HAPPINESS	LHS	1.40	4	650		
6	LOVETT,SAM	PEN	1.35	3	600		

**Item 112 15:10 Finaal Seuns 16 Hoogspring**

1	MIDDLETON,DYLAN A	ROB	1.70	8	720	G	
2	DOREY,EMIL	NHS	1.65	7	695	S	
2	DAFI,LAWRENCE	PEN	1.65	7	695	S	
4	ODENDAAL,ADRIAAN	ROB	1.65	5	695		
5	MAJOLA,MNQOBI	PEN	1.55	4	620		
6	NKOSI,AUSTIN	BV	1.55	3	620		
6	ZIETSMAN,RUAN	NHS	1.55	3	620		

**Item 113 15:10 Finaal Seuns 17 Diskusgooi**

						1.5kg	
1	VAN DER MERWE,MARNUS	NHS	53.29	8	915	G	INTERH
2	SMIT,RAYMOND	BAR	43.72	7	787	S	
3	PIENAAR,PIET	ROB	39.17	6	741	B	
4	GONCALVES,FRANCO	ROB	35.36	5	703		
5	MAKHANYA,ZANOXOLO	LHS	33.37	4	667		
6	MULLER,DONOVAN	KOM	31.70	3	634		

**Item 114 15:10 Finaal Dogters 15 Spiesgooi**

						500g	
1	JOUBERT,ILKE	NHS	32.69	8	840	G	INTERH
2	LABUSCHAGNE,SONAY	LYD	27.86	7	788	S	
3	MHAULE,SIPHOSETHU	LHS	27.56	6	785	B	
4	BREEDT,ZULEKA	NHS	26.90	5	777		
5	ERASMUS,ANUSCHA	BV	21.00	4	645		
6	MULLER,ANGELIQUE	BV	19.51	3	600		

**Item 115 15:10 Finaal Dogters 17 Gewigstoot**

						3kg	
1	OLIVER,COR-MARI	NHS	12.56	8	821	G	INTERH
2	GUMEDE,INTHANDO	ROB	12.29	7	810	S	
3	BIELDT,DANEL	ROB	12.28	6	809	B	
4	VAN DER MERWE,ALICIA	NHS	11.92	5	793		
5	BOUWER,PETRONE	LYD	11.62	4	779		

**Item 116 15:10 Finaal Seuns 14 1500m**

1	MENTZ,TERTIUS	NHS	04:42.58	8	648	G	
2	NAUDE,CHARLIE	NHS	04:47.25	7	570	S	
3	VAN DER MERWE,BRAAM	BV	05:01.73	6	285	B	
4	DU TOIT,STIAAN	ROB	05:07.45	5	171		
5	VAN DER MERWE,CALLIE	BV	05:08.10	4	158		
6	MASANGO,VUYANI	BAR	05:18.50	3	0		
7	SWANEPOEL,HANDRE	LYD	05:19.13	2	0		

**Item 117 15:10 Finaal Seuns 15 1500m**

1	NKOSI,MLUDUZI	NHS	04:35.31	8	676	G	
2	MKHABELA,LEONARD	LYD	04:38.47	7	640	S	
3	DE LANGE,ENRIQUE	NHS	04:38.60	6	639	B	
4	CONRAY,THOMAS	ROB	04:43.48	5	558		

## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
5	HAY,KYLE	PEN	04:51.23	4	415		
6	SITHOLE,SIYABONGA	LHS	04:56.50	3	310		
7	CLARK,KEEGAN	LYD	04:56.70	2	306		
8	VAN STADEN,CHARLIE	ROB	05:00.54	1	229		

**Item 118 15:10 Finaal Dogters 16 1500m**

1	VAN COLLER,ELMARIE	NHS	05:24.73	8	721	G	
2	LUUS,ANTHEA	NHS	05:37.48	7	657	S	
3	MCQUEEN,SARAH	PEN	05:48.49	6	602	B	
4	DE BRUIN,PAULINE	KOM	05:59.39	5	548		
5	VAN DER MERWE,ETLI	LYD	06:04.76	4	502		
6	KHOMBISA,LYUNDA	ROB	06:05.00	3	500		
7	CHICKWANHA,MICHELE	BV	06:18.19	2	368		
8	LUDDICK,DENISE	LYD	06:21.00	1	340		

**Item 119 15:10 Finaal Dogters 17 1500m**

1	JOUBERT,ANRI	NHS	05:15.70	8	726	G	
2	JOUBERT,NICOLE	NHS	05:21.39	7	698	S	
3	MNISI,KAMO	LYD	05:22.00	6	695	B	
4	LEWIS,MONIQUE	BV	05:35.85	5	625		
5	SCHOLLE,SABINE	PEN	05:58.23	4	513		
6	DE BRUIN,FRENIKA	BV	05:59.42	3	507		
7	LANGA,BUSI	LYD	06:34.57	2	164		
8	CAMPBELL,NATASHA	PEN	06:46.12	1	48		

**Item 120 15:50 Finaal Dogters 14 100m**

1	SCHALKWYK,RUZAAN	NHS	13.50	8	772	G	
2	MBATSANE,LUSANDA	ROB	13.64	7	744	S	
3	MILLAR,JOSIE	NHS	13.76	6	720	B	
4	GROBLER,NICOLE	LYD	13.79	5	714		
5	MKHONZA,BIANCA	LHS	13.98	4	676		
6	ZEEMAN,TABEEL	LYD	14.07	3	658		
7	VAN DER MERWE,CORLIA	BAR	14.10	2	652		

**Item 121 15:50 Finaal Seuns 14 100m**

1	BROWN,ROWAN	BV	12.41	8	590	G	
2	STRYDOM,BEN	NHS	12.43	7	580	S	
3	TSELANE,OBAKENG	LHS	12.57	6	520	B	
4	MALUMANE,TSEPO	BAR	12.61	5	500		
5	MATBUHEZE,CHUKA	LYD	12.74	4	445		
6	THELEDI,KABELO	BV	12.76	3	435		
7	KOTZEE,TIAAN	NHS	13.00	2	315		

**Item 122 15:50 Finaal Dogters 15 100m**

1	SPARROW,CLAIRE	NHS	13.09	8	814	G	
2	VISSER,NERINA	NHS	13.50	7	732	S	
3	MBAZIMA,ERICA	ROB	13.52	6	728	B	
4	MHLANGU,THABILE	BAR	13.57	5	718		
5	NDLOVU,KHANYISILE	LYD	13.90	4	652		
6	NYUNDU,MBALI	ROB	14.16	3	597		
7	JANSEN,TESS	LYD	14.27	2	570		
8	GIBB,KAYLEIGH	PEN	15.38	1	292		

**Item 123 15:50 Finaal Dogters 17 100m**

1	DE JAGER,LIEZL	NHS	13.20	8	672	G	
2	ZWANE,SIHLE	BV	13.23	7	666	S	
3	CAMPOS,SANDRA-LEE	ROB	13.35	6	642	B	
4	MARAIS,ANKE	NHS	13.59	5	594		
5	PAYNE,RUNIQUE	PEN	13.60	4	592		
6	DE ARAUJO,SAMMY	PEN	13.64	3	584		
7	JORDAAN,JEAN-CHERIE	BAR	13.65	2	582		

**Item 124 15:50 Finaal Dogters 19 100m**

1	JOUBERT,BRUMILDE	NHS	13.09	8	614	G	
2	STEYN,LISA-MARI	LYD	13.20	7	592	S	
3	NDLOVU,JOY	LHS	13.25	6	582	B	
4	DE JAGER,CHRISTELLE	NHS	13.74	5	484		
5	ERASMUS,JESSICA	ROB	13.95	4	442		
6	SHONGWE,PHINDILE	BAR	14.07	3	418		
7	MKHWANAZI,LINDO	BV	14.10	2	412		

**Item 125 15:50 Finaal Seuns 17 100m**

1	MAILE,ROBIN	LHS	11.20	8	762	G	
2	ENGELBRECHT,EDUAN	NHS	11.29	7	744	S	
3	AUCAMP,HANNES	NHS	11.41	6	720	B	
4	MAPHOPHE,MUZI	LHS	11.70	5	662		
5	MASUKU,LUYANDA	BAR	11.75	4	650		
6	OLANIYI,PELUMI	ROB	11.85	3	625		

**Item 126 15:50 Finaal Seuns 19 100m**

1	BUCUCHANE,MAURO	NHS	11.13	8	696	G	
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## Byeenkoms :INTERHOËR by BERGVLAM op 2014/02/22

Plek	Atleet	Span	Pres	Punte	Pres	Medalje	Rekords
2	LUBISI,GRACIOUS	LHS	11.29	7	664	S	
3	MKHONTO,JUSTICE	BAR	11.32	6	658	B	
4	DOMINIETTO,AD	BV	11.40	5	642		
5	CHILOANE,BENNY	PEN	11.43	4	636		
6	ESSELEN,LOUIS	NHS	11.49	3	624		
7	NKOSI,MICHAEL	PEN	11.73	2	575		

## Meeting :INTERHOER\_A at BERGVLAM on 2014/02/22

Place	Athlete	Team	Perf	Points	Score	Medal	Records
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**Results of all Finals**

Ordered by Program Sequence

Default Basis for Performance Score adjustments: Hand time, Height above sea=700

**Item 127 16:25 Final Girls 14 4X100m Relay**

1	RELAY TEAM,	NHS	0:53.72	8	765	G
2	RELAY TEAM,	LYD	0:55.35	7	715	S
3	RELAY TEAM,	PEN	0:55.64	6	707	B
4	RELAY TEAM,	ROB	0:56.70	5	678	
5	RELAY TEAM,	LHS	0:57.12	4	667	
6	RELAY TEAM,	BAR	0:58.90	3	622	
7	RELAY TEAM,	BV	1:00.05	2	595	

**Item 128 16:25 Final Boys 14 4X100m Relay**

1	RELAY TEAM,	LYD	0:49.78	8	755	G
2	RELAY TEAM,	BV	0:49.96	7	749	S
3	RELAY TEAM,	NHS	0:50.30	6	738	B
4	RELAY TEAM,	ROB	0:50.59	5	729	
5	RELAY TEAM,	KOM	0:53.63	4	639	
6	RELAY TEAM,	BAR	0:54.60	3	614	
7	RELAY TEAM,	PEN	0:54.66	2	612	
8	RELAY TEAM,	LHS	0:57.55	1	543	

**Item 129 16:25 Final Girls 15 4X100m Relay**

1	RELAY TEAM,	NHS	0:53.48	8	745	G
2	RELAY TEAM,	LYD	0:55.50	7	686	S
3	RELAY TEAM,	ROB	0:56.53	6	658	B
4	RELAY TEAM,	LHS	0:56.63	5	656	
5	RELAY TEAM,	BV	0:57.00	4	646	

**Item 130 16:25 Final Boys 15 4X100m Relay**

1	RELAY TEAM,	NHS	0:47.70	8	795	G
2	RELAY TEAM,	ROB	0:48.18	7	777	S
3	RELAY TEAM,	PEN	0:48.38	6	770	B
4	RELAY TEAM,	LHS	0:49.64	5	727	
5	RELAY TEAM,	LYD	0:49.95	4	717	
6	RELAY TEAM,	BV	0:51.36	3	674	
7	RELAY TEAM,	BAR	0:51.77	2	662	

**Item 131 16:25 Final Girls 16 4X100m Relay**

1	RELAY TEAM,	LHS	0:53.60	8	721	G
2	RELAY TEAM,	NHS	0:53.70	7	718	S
3	RELAY TEAM,	ROB	0:54.60	6	692	B
4	RELAY TEAM,	BV	0:56.20	5	648	
5	RELAY TEAM,	BAR	0:56.32	4	645	
6	RELAY TEAM,	LYD	0:57.00	3	628	
7	RELAY TEAM,	PEN	0:57.50	2	615	

**Item 132 16:25 Final Boys 16 4X100m Relay**

1	RELAY TEAM,	NHS	0:44.72	8	889	G	INTERH
2	RELAY TEAM,	ROB	0:45.73	7	844	S	
3	RELAY TEAM,	BAR	0:46.07	6	830	B	
4	RELAY TEAM,	BV	0:47.07	5	790		
5	RELAY TEAM,	LYD	0:47.13	4	788		
6	RELAY TEAM,	PEN	0:48.35	3	744		
7	RELAY TEAM,	LHS	0:49.10	2	719		

**Item 133 16:25 Final Girls 17 4X100m Relay**

1	RELAY TEAM,	NHS	0:52.66	8	733	G
2	RELAY TEAM,	ROB	0:53.72	7	701	S
3	RELAY TEAM,	LYD	0:54.63	6	675	B
4	RELAY TEAM,	BV	0:55.15	5	661	
5	RELAY TEAM,	PEN	0:58.27	4	583	
6	RELAY TEAM,	LHS	0:58.40	3	580	
7	RELAY TEAM,	KOM	1:01.96	2	504	
8	RELAY TEAM,	BAR	1:02.09	1	501	

**Item 134 16:25 Final Boys 17 4X100m Relay**

1	RELAY TEAM,	NHS	0:44.19	8	887	G
2	RELAY TEAM,	LHS	0:44.23	7	885	S
3	RELAY TEAM,	BAR	0:46.50	6	789	B
4	RELAY TEAM,	LYD	0:46.55	5	787	
5	RELAY TEAM,	ROB	0:47.00	4	770	
6	RELAY TEAM,	BV	0:47.90	3	738	
7	RELAY TEAM,	PEN	0:48.15	2	729	

**Item 135 16:25 Final Girls 19 4X100m Relay**

1	RELAY TEAM,	NHS	0:52.99	8	700	G
2	RELAY TEAM,	LYD	0:54.72	7	651	S

## Meeting :INTERHOËR\_A at BERGVLAM on 2014/02/22

Place	Athlete	Team	Perf	Points	Score	Medal	Records
3	RELAY TEAM,	LHS	0:56.13	6	615	B	
4	RELAY TEAM,	ROB	0:56.20	5	613		
5	RELAY TEAM,	BV	0:57.91	4	572		
6	RELAY TEAM,	PEN	0:58.30	3	563		
7	RELAY TEAM,	KOM	1:00.70	2	511		
0	RELAY TEAM,	BAR	Disq	0	0		

## Item 136 16:25 Final Boys 19 4X100m Relay

1	RELAY TEAM,	NHS	0:44.13	8	850	G	
2	RELAY TEAM,	LHS	0:44.62	7	829	S	
3	RELAY TEAM,	PEN	0:45.15	6	807	B	
4	RELAY TEAM,	ROB	0:45.26	5	802		
5	RELAY TEAM,	BAR	0:45.84	4	780		
6	RELAY TEAM,	BV	0:46.05	3	772		
7	RELAY TEAM,	LYD	0:46.70	2	748		
8	RELAY TEAM,	KOM	0:48.15	1	698		